

HALF CBBR REGULATION 2024

Costa Blanca™

BIBERACE

10° EDICIÓN — 2024



RACE DIRECTION

CLUB DEPORTIVO CINCO CONTIENENTES

THE COMPETITION

Costa Blanca Bike Race Half (Five Continents Stage Race Half Costa Blanca) is a stage mountain biking event (XCS) consisting of 2 marathon stages (XCM), which can be contested individually and by teams formed by 2 members, according to the established categories. The competition takes place on Saturday, January 27, 2023, and Sunday, January 28, 2024, in the beautiful surroundings of Costa Blanca, in Calpe, Alicante (Valencian Community).

This competition does not grant UCI points or cash prizes.

REGISTRATION

Anyone who wishes to participate in this competition must register through the official website: www.fivecontinentsrace.com. To validate the registration, filling out all the requested information in the form and paying the registration fees and any additional services contracted in parallel is mandatory.

The registration fees are per person for the 2024 edition:

Until 10/09			
Registro	Pack 1 Half	Pack 2 Half	Pack 3 Half
110 €	195 €	290 €	585 €
Welcome Pack	Welcome Pack + Maillot + Culotte	Pack 1 + Pack X Aniversay	Pack 2 + Mechanical assistance + Physiotherapy + Cancelation insurance
Until 31/12			
Registro	Pack 1 Half	Pack 2 Half	Pack 3 Half
130 €	215 €	310 €	605 €
Welcome Pack	Welcome Pack + Maillot + Culotte	Pack 1 + Pack X Aniversay	Pack 2 + Mechanical assistance + Physiotherapy + Cancelation insurance
Until 21/01			
Registro	Pack 1 Half	Pack 2 Half	Pack 3 Half
150 €	235 €	330 €	625 €
Welcome Pack	Welcome Pack + Maillot + Culotte	Pack 1 + Pack X Aniversay	Pack 2 + Mechanical assistance + Physiotherapy + Cancelation insurance

**The number of available spots is limited to 350 bikers*

*All registrations incur a 2 euros fee for TPV and registration platform, not included in the registration fee

Registrations for teams must be made exclusively for teams composed of two members.

The registration period starts on August 7, 2023, and ends on January 21, 2024, or once all spots are filled.

Participants must possess a competition cycling license issued by a UCI-approved national cycling federation. Cycling tourism licenses or licenses from other sports will not be accepted.

Participants who do not possess a competition cycling license must obtain a license homologated by the Valencian Cycling Federation.

Participants who wish to compete in the Elite UCI female or male category must possess an annual elite competition cycling license.

The registration includes the following rights:

- Participation in the competition
- Competition bib
- Welcome pack
- Electronic timing device (Chips)
- Refreshments (liquids and solids) at the finish and intermediate points of each stage
- Basic technical service (toolboxes) along the route
- Other additional services contracted with specified costs
- Basic medical service during the competition
- Service for picking up retired participants along the route
- Technical briefing for each stage.
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All registrations can be fully refunded within 15 days from the date of registration, using the same payment method used for the registration, by the provisions of the Spanish Retail Trade Law. The refund within the 15-day period incurs a return fee of 2 euros. Without insurance, refunds will not be accepted outside of this period.

For refunds outside of this period, cancellation insurance is available for 20 euros per person. Under this condition, the refund will be processed according to the following tiers:

PERIOD	% REFOUND
Until November 30th 2023	75%
Until December 31th 2023	50%
Until January 21th 2024	25%

After January 21, 2024, no refunds will be processed under any circumstances, even for participants with cancellation insurance.

REGISTRATION TRANSFER

Registrations can be transferred to other individuals until January 21, 2023. The registration transfer fee is 50 € per participant.

Participants with cancellation insurance can transfer their registration without additional fees, but once a transfer has been made, the cancellation insurance will no longer be usable.

No refunds will be given for cancellations or alterations to the event, either in whole or in part.

In case of adverse weather conditions or any other circumstances that could jeopardize the safety of the event, the organizer may reduce certain segments of the route, as long as the authorized route by the competent authority is followed. The reduction of segments, shortening of the course, cancellation of any stage, or any other alterations to the event will not entitle the participant to a full or partial refund of the registration fee.

In case of disqualification or withdrawal from the competition, the registration fee will not be refunded, either in whole or in part.

Cancellation Policy

The event may be cancelled for any of the following reasons:

1. By order of the Competent Authority: If, by order of the competent authority, we are forced to cancel the event or if it cannot be held on the scheduled dates.
2. Failure to reach the minimum number of participants: If we are forced to cancel the event on the scheduled dates due to not reaching the minimum number of participants, this fact will be duly communicated to the registered participants.
- 3.

Options available to registered participants in case of cancellation:

- Postpone their registration to the next edition at no additional cost.
- Request a refund of the registration fee, assuming the return fee of 2 euros if the request is made within 15 days of registration or if they have purchased cancellation insurance, following the specified dates for refund requests.

PARTICIPANTS

All riders must be 19 years of age or older on the days of the competition. The

eligible categories in which riders can register are:

Categories:

- Elite Male
- Elite Female
- Female Master 30
- Female Master 40
- Female Master 50
- Female Master 60
- Male Master 30
- Male Master 40
- Male Master 50
- Male Master 60
- Male Pairs
- Female Pairs
- Mixed Pairs

1. Elite Female: A woman aged 19 years or older. Must possess an Elite UCI license approved for competition, strictly comply with all UCI regulations, and compete for UCI points and cash prizes in the general and stage classifications.
2. Elite Male: A man aged 19 years or older. Must possess an Elite UCI license approved for competition, strictly comply with all UCI regulations, and compete for UCI points and cash prizes in the general and stage classifications.
3. Female Master 30: A woman aged between 30 and 39 years. Must possess a Master's license approved for competitive cycling. Those with an Elite category license cannot compete in this category.
4. Female Master 40: A woman aged between 40 and 49 years. Must possess a Master's license approved for competitive cycling. Those with an Elite category license cannot compete in this category.
5. Female Master 50: A woman aged between 50 and 59 years. Must possess a Master's license approved for competitive cycling. Those with an Elite category license cannot compete in this category.
6. Female Master 60: A woman aged 60 years or older. Must possess a Master's license approved for competitive cycling. Those with an Elite category license cannot compete in this category.
7. Male Master 30: A man aged between 30 and 39 years. Must possess a Master's license approved for competitive cycling. Those with an Elite category license cannot compete in this category.
8. Male Master 40: A man aged between 40 and 49 years. Must possess a Master's license approved for competitive cycling. Those with an Elite category license cannot compete in this category.
9. Male Master 50: A man aged between 50 and 59 years. Must possess a Master's license approved for competitive cycling. Those with an Elite category license cannot compete in this category.
10. Male Master 60: A man aged 60 years or older on December 31 of the year in which the competition takes place. Must possess a Master's license approved for competitive cycling. Those with an Elite category license cannot compete in this category.
11. Female Pairs: Two adult women. Regardless of their category, they will not

- be eligible for UCI points or cash prizes.
12. Male Pairs: Two adult men. Regardless of their natural category, they will not be eligible for UCI points or cash prizes.
 13. Mixed Pairs: One woman and one man, both adults. They will not be eligible for UCI points or cash prizes.

For a category to be considered complete, there must be at least three registrations in each of them. In case the Master categories for any age group do not have enough registered participants, a single Master category will be established.

Participation Restrictions

If the participation is reduced to a certain number due to any administrative issue related to the current pandemic situation or any other situation that requires a reduction in estimated participation, the spots will be completed based on the order of registration.

The organization reserves 25 spots, which may be applied to any category according to its criteria. Only confirmed paid registrations will be considered to be eligible for these spots. Invited bikers, regardless of their category, will not be taken into account.

Riders with a Master's license cannot compete in the Elite UCI category.
IMPORTANT: According to the Royal Spanish Cycling Federation (RFEF) regulations, foreign participants with a cycling license not issued by the RFEF must have written authorization from their national federation certifying that their insurance is valid in Spain. This document must be presented to the Commissioners to collect the race number (dorsal).

VENUE

The event will have a neuralgic zone located at Hotel AR DIAMANTE, where the teams will be accommodated during the competition days, and it will become the central hub of the competition.

The venue is equipped with facilities adapted to the needs of the participants: gym, swimming pool, spa, physiotherapy area, bike wash, etc.

The stages will take place within a maximum radius of 50 km from the venue.

REGISTRATION DESK / BIB DISTRIBUTION

Administrative checks and the collection of the rider's kit take place on Wednesday, January 24, 2024, from 11:00 am to 2:00 pm and from 4:00 pm to 8:00 pm.

Bibs will be assigned based on the UCI ranking. In case a participant does not

have UCI points, bibs will be assigned on a first-come, first-served basis.

At the registration desk, each participant will receive an identification bracelet, which must be worn throughout the competition. This bracelet grants access to areas reserved for participants and also serves as a safety measure.

Each participant will also receive an electronic timing device to carry during the competition.

BRIEFING

A daily team meeting or briefing will be held, and all participants are welcome to attend. The briefing will review the upcoming stage and provide information about any unexpected changes in the competition. Attendance at the first briefing held before the start of the competition is mandatory.

The technical meeting will take place on the day before each stage at 7:30 pm at the AR Diamante Hotel in Calpe. Any changes will be posted on the bulletin board located at the nerve centre of the event, and it is the participants' responsibility to stay informed of such changes. The website will also have a virtual bulletin board for last-minute information.

COMPETITION DEVELOPMENT

The competition will be conducted according to the general UCI regulations and the specific regulations of the UCI and RFEF for Mountain Bike.

Once the stage is completed, the stage classification, general classification, and the list of authorized participants for the next stage will be published on the official website and the bulletin board. These classifications will be provisional until validated by the officials.

Except for the time trial stage, all stages start in a peloton. The time trial stage starts with riders departing in reverse order of the general classification. Each team starts with a thirty (30) seconds difference, or as determined at the time by the UCI officials.

The starting grid opens twenty (20) minutes before the departure time. For the time trial stage, each participant must be ready to start with this advance notice. The organization will arrange starting pens based on UCI points for XCM, UCI points in XCO, and then in order of registration for the first stage. The starting order will be based on the general classification for subsequent stages. The predetermined order, subject to the decision of the arbitration committee, will be as follows:

- Elite UCI riders
- Master 30

- Master 40
- Master 50
- Master 60 and male, female, and mixed pairs.

Five (5) minutes before the start time, no participant is allowed access to the starting grid, and they should position themselves at the rear of their respective starting group.

No participant may start once the official start has been given unless authorized by an Official. Participants who start after that time will be considered DNS (Did Not Start).

Each checkpoint, intersection control, refreshment point, start, and finish has a maximum passage time, after which the service is closed. Participants must reach these points within the specified time interval to avoid disqualification. The time allowed to reach these points will be announced in the competition's roadbook.

Completing the route with means other than the individual physical effort of the participant and their bicycle will result in the disqualification of the team.

Any illicit assistance will result in the participant's disqualification.

Participants who are no longer officially classified may continue participating in the event recreationally, as long as they do not interfere with the normal development of the competition. Failure to comply with this rule will result in expulsion from the event, with no possibility of continuing.

ROUTES

The competition consists of four 2-stage races, with the following venues and stages:

- January 27, 2024 - Stage 1
- January 28, 2024 - Stage 2

The route is properly marked with signs, especially at dangerous points such as crossings, road intersections, or streets.

The route is open to traffic but properly controlled. Participants must follow the traffic authorities' instructions and ride with caution. In Spanish public roads, cyclists must stay on the shoulder of the right lane. On tracks, it is recommended to ride on the right side.

The route includes demanding climbs and technical downhill sections. It is the participant's responsibility to decide if they can handle them on their bike.

During the route, two types of controls are established: passage control (CP) and

intersection control (CI).

At passage controls, an Official records the participant's number and time. Skipping a passage control results in disqualification.

Not following the instructions of an intersection control also leads to disqualification. Deviating from the route marked by the organization also results in disqualification.

NEUTRALIZED STARTS

For safety reasons, the start may be neutralized. In this case, the officials will lead the participants in an official event vehicle. When the route director gives the start signal for the stage, the participants should begin competing.

Once the official competition vehicle reaches the end of the neutralized section, it moves to the side and indicates the end of the neutralized section.

During the neutralization, it is prohibited to overtake the official competition vehicle of the route director.

NEUTRALIZED FINISHES

For safety reasons, the finish line may be moved forward before reaching an asphalt section.

ROADBOOK

For each stage, a roadbook is published, detailing the distance, altitude, type of terrain, passage controls, intersections, refreshment/assistance points, and the closing time for each service.

REFRESHMENTS AND TECHNICAL ASSISTANCE

Refreshment points and technical assistance areas are marked along the route and at the end of each stage. These points have everything necessary to meet the participants' food and hydration needs during the event.

The refreshment points coincide with the teams' assistance areas.

The organization will provide participants with basic mechanical services located at various points along the stage.

SIGNAGE

The route is marked with arrows and beacons. Participants are recommended to use GPS.

Every ten kilometres, the remaining distance to the finish line is indicated, as well as the last kilometre.

UNPRACTICABLE SECTIONS

The Officials, Route Director, and Competition Director may decide that a section of the route is impracticable and impossible to cross. In such cases, the route may be diverted through points planned by the organization, provided they are authorized by the competent authority.

If diversion is not possible, the time of arrival will be taken at the point where the last time control is located.

OUT OF CONTROL

Control points will be established at certain points along the route, which will be communicated by the organization on the day before the stage during the briefing. Any rider or team that has not crossed the finish line or the control closing point at that moment may be evacuated by the organization or continue the stage at their responsibility (out of the race, similar to any regular road user).

Any rider or team that goes out of control will be classified as NOT FINISHED (DNF) and may continue in the following stages as a non-competitive rider.

ABANDONMENT

The abandonment of one or both members of the team (in the case of participating as pairs) must be communicated as soon as possible to the organization.

For any participant, the organization will determine intermediate points where participants can communicate their abandonment, and they will also be informed of a phone number to notify it.

In case of an accident or emergency, and ensuring the safety of the participants, the organization has the right to withdraw a participant from the competition.

If any of the team members, in the case of participating as pairs, abandons, the partner may continue the competition. The latter will not be eligible for the overall classification but can still be considered a finisher.

CLASSIFICATIONS

The classifications for each stage are based on the time taken to complete each stage, for individual competitors or pairs, the sum of the times taken by the members of the pair + penalties, if applicable.

The sum of the times of the stages completed, plus accumulated time penalties, establishes the general classification of each participant or pair.

The following classifications are established:

- Elite Male
- Elite Female
- Female Master 30
- Female Master 40
- Female Master 50
- Female Master 60
- Male Master 30
- Male Master 40
- Male Master 50
- Male Master 60
- Male Pairs
- Female Pairs
- Mixed Pairs

In addition, a separate Elite UCI female and male classification will be published to award UCI points and cash prizes to these participants.

For each category, a minimum of three participants must be registered to be valid. All participants will carry an electronic device to record their times and enable tracking. The Commissaries must approve these times for the results to be considered valid and official.

AWARDS CEREMONY

Only the winners of each stage in their category and the leaders in their category are immediately called to the podium after crossing the finish line.

At the final award ceremony, the top three participants in each category of the general classification are immediately called to the podium after all have crossed the finish line.

It is mandatory to attend the trophy presentation and podium. In case of inability to attend, the reason for absence must be justified to the College of Commissaries. Also, the trophy collection on the podium must be done wearing the cycling outfit (jersey and shorts).

This event does not have UCI points or cash prizes. Trophies or medals are awarded to the top three finishers in each category for the stages and the overall classification.

THE BICYCLE

Bicycles must comply with UCI regulations, both in technical features and safety. Participants are allowed to change their bicycles from stage to stage, but they cannot be completely replaced or changed during a stage.

Tandem bicycles are not allowed.

EQUIPMENT

It is mandatory to compete with the plate and dorsal provided by the organization. The plate must be placed on the front of the bicycle, and the dorsal must be placed on the back. Both must be visible and cannot be modified. The electronic device for time control cannot be modified either and must be placed where indicated by the organization. These dorsal plates cannot be modified under any circumstances, under the risk of sanctions by the commissaries.

International or national champions in XCM must wear the corresponding champion jersey, except from the second stage onwards if they have to wear the leader's jersey.

The leaders of the general classification in their category must wear the leader's jersey provided by the organization. The leader's jersey has a blank space on the front and back to place the advertising of the team/participant.

Participants who wish to include their corresponding advertising on the leader's jersey must send their digitized logos in advance to the organization. For safety reasons, it is recommended to carry a mobile phone.

It is also recommended (but not mandatory) for team members to maintain uniformity in their clothing during all stages.

In certain stages, it may be necessary to wear warm clothing (rain jackets, arm warmers, leg warmers, etc.). In the event of an adverse weather forecast, it is mandatory to start with a rain jacket/waterproof jacket and a mobile phone. The organization does not provide these garments to the participants.

The organization is not responsible for any lost or forgotten items along the route or during the event by any participant.

The organization is not responsible for any bicycle breakdown or repair that may occur during the event.

The organization will provide basic mechanical assistance points.

SPORT AND ENVIRONMENT

Our sport, mountain biking, is a competitive and recreational activity that takes place in nature, and its impact on this environment is the responsibility of all participants and sports event organizers. Participants are requested not to litter along the route, to be respectful of the environment (not ride off the trails, not take shortcuts that damage vegetation, etc.), to be careful with animals, not to leave any spare parts behind, etc.

The Commissaires may disqualify any participant who does not respect the environment or private properties crossed during the event, expelling them from the event without the possibility of continuing.

PADDOCK

Teams must reserve space in the paddock in advance through the registration form, which can be done on the website <https://fivecontinentsrace.com>.

The organization offers the possibility of providing teams that request it in advance with a tent of these measurements: 6 m x 3 m and 3 m x 3 m tents.

No participant or team assistant can camp or spend the night in the paddock, except with authorization from the organization.

The organization provides water and electricity to authorized and accredited teams settled in the paddock

OTHER CONSIDERATIONS

Any participant may be subject to official anti-doping control under UCI regulations.

All participants must show respect towards other participants, Commissioners, members of the organization, the media, and the public. Aggression, lack of respect, or other inappropriate behaviour may result in immediate expulsion from the competition.

The paths used for the competition are exclusively granted for the days of the event, and therefore, the disclosure of the GPS tracks of the route is not permitted. During the registration process on the official competition website, the participant will encounter a checkbox that **MUST BE SELECTED**, titled "DISCLAIMER AND PROTECTION OF PERSONAL DATA," accepting the clauses presented.

It is recommended to read this information. By registering for the "FIVE CONTINENTS STAGE RACE COSTA BLANCA HALF – COSTA BLANCA BIKE RACE HALF," participants give their consent to the CLUB DEPORTIVO CINCO CONTINENTES, either directly or through third parties, to automatically process

their data solely for sports, promotional, or commercial purposes. Under the provisions of Organic Law 15/1999, dated December 13, on the Protection of Personal Data, the participant has the right to access these files to rectify or partially cancel their content. To exercise this right, a written request must be submitted to the registered office of the Club Deportivo Cinco Continentes, located at Avd. antigua peseta, 136-12, 03114 Alicante, for notification purposes. Furthermore, the sports, promotional, distribution, and exploitation interests of the "5 CONTINENTS STAGE RACE COSTA BLANCA HALF – COSTA BLANCA BIKE RACE HALF" race, worldwide (reproduction of event photographs, publication of classification lists, etc.), through any means (Internet, advertising, etc.), and without a time limit, registered participants expressly grant the organization the right to reproduce their name, surname, overall ranking, category, sports performance, and image.

COMPLAINTS

Complaints must be formally addressed to the Commissioners and processed following the UCI regulations.

REGISTRATION IN THE FIVE CONTINENTS STAGE RACE COSTA BLANCA HALF – COSTA BLANCA BIKE RACE HALF IMPLIES ACCEPTANCE AND COMPLIANCE WITH THIS REGULATION, AS WELL AS ACCEPTANCE OF THE DATA PROTECTION LAW AND CANCELLATION POLICY.

REGISTRATION CONDITIONS

The 5 Continents Stage Race Costa Blanca HALF – COSTA BLANCA BIKE RACE is a mountain biking event open to any professional or amateur cyclist. To participate, it is essential to possess a valid and UCI-validated license.

Most licenses are valid, but if in doubt, it is advised to verify with your territorial or national federation.

IMPORTANT: By the regulations of the Royal Spanish Cycling Federation (RFEC), foreign participants who possess a cycling license not processed by the RFEC must obtain written authorization from their national federation certifying that their insurance is valid in Spain. This document must be presented to the Commissioners to collect the race number.

Cyclotourism licenses or licenses from other sports are not valid. If you do not possess a competition cycling license, you can obtain a temporary and specific license for the event through the organization, which does not grant UCI points or cash prizes.

Team registrations must be made by two members.