



# *HALF CBBR REGULATIONS 2026*



# Costa Blanca™

# VIRAÇA

## 2026



## THE COMPETITION

Costa Blanca Bike Race (Five Continents Stage Race Costa Blanca) is a mountain bike competition by stages (XCS), composed of 2 marathon stages (XCM), which can be competed individually and in two-person teams, according to the established categories.

The competition takes place from **Saturday, January 31, 2026, until Sunday, February 1, 2026**, in the best environment of the Costa Blanca, in Calpe, Alicante (Valencian Community).

The competition complies with the technical and sporting regulations of the UCI (International Cycling Union), for the UCI women's and men's Elite categories. The regulations of the RFEC will rule the master categories. The ebike category is ruled by these regulations, without prejudice to any instructions that may be given by the UCI commissaires.

## REGISTRATIONS

Anyone who wishes to participate in this competition must register through the official website: [www.fivecontinentsrace.com](http://www.fivecontinentsrace.com) For the registration to be valid, it is mandatory to fill out all the information requested in the form and pay the registration fees and those services that are contracted in parallel.

Registration fees are per person. For the 2026 edition, they are:

- Launch offer, limited to 100 places until September 11, 2025, at 11:59 PM: €99
- From September 12 to October 31, 2025: €120
- From November 1 to November 30, 2025: €135
- From December 1, 2025, to January 4, 2026: €150
- From January 5 to January 23, 2026: €175

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*(\*) All registrations carry 3 euros of TPV and registration platform costs, not included in the registration fee.*

Team registrations must be made by teams of two members.

The registration period ends on January 23, 2026, or once places are sold out.

Participants must have a competitive cycling license, issued by a national cycling federation approved by the UCI.

Cycle touring or other sports licenses are not accepted.

Those bikers who do not own a competitive cycling license will have to obtain a license approved by the Cycling Federation of the Valencian Community. Day licenses are not valid for general classification according to FCCV and RFEC regulations.

Participants who wish to participate in the Elite UCI women's or men's category must have an annual license for elite competition cycling. They must strictly comply with UCI regulations.

Registration implies the following rights:

- Right to participate in the competition.
- Competition bib.
- Welcome bag.
- An electronic device for time control.
- Final and intermediate refreshments (liquids and solids) of each stage.
- Basic mechanical service before departure and in technical zones.
- Other extra services are contracted at an established cost.
- Basic medical service during the competition.
- Collection service for retired people en route.
- Technical briefing for each stage.

All registrations **may be returned in full within 15 days, counting from the date of registration, by the same means that the registration payment was managed.** In accordance with the provisions of the Spanish Retail Trade Law. Returns within 15 days entail a return fee of 5 euros (for POS and management fees for the RocktheSport registration platform).

Without insurance, returns will not be accepted outside this period.

For returns outside this period, cancellation insurance is available for **20 euros per person**. Under this condition, the corresponding amount will be refunded according to the following sections:

| Period                  | % Return |
|-------------------------|----------|
| Until December 31, 2024 | 100%     |
| Until 10 January 2025   | 50%      |

Past 10 January 2026, no refunds will be made under any circumstances, even if you have cancellation insurance.

## TRANSFER OF REGISTRATIONS

Transfers of registrations to other people are allowed **until January 15, 2026**. The rate of **change of ownership is €30 per participant**.

Participants with cancellation insurance have a free change of ownership, with cancellation insurance not being usable after having made a change of ownership.

No refunds will be made for cancellation, or alteration in all or part of the event.

Due to weather or any other reason that prevents the race from being carried out in complete safety, the organisation may safely reduce the necessary segments of the route. The reduction of segments, the reduction of the circuit, the cancellation of any stage or any other alteration in the test will not lead the organiser to a total or partial refund of the registration price.

In case of any kind of disqualification or abandonment of the competition, the registration fee will not be refunded in whole or in part.

## Cancellation policy.

The race may be cancelled for any of the following reasons:

**By order of the Competent Authority.** If, by order of the competent authority, we are forced to cancel the event or it cannot take place during the scheduled dates.

**For not reaching the minimum participation.** If we are forced to cancel

the event during the scheduled dates, because the participation does not reach a minimum, this will be duly communicated to the participants.

Options available to the registered athlete in case of cancellation:

- Postpone your reservation for the next edition at no cost.
- Request a refund of the registration fee, assuming the refund costs of 5 euros, if it is within 15 days of registration, or you have contracted cancellation insurance, in accordance with the refund request dates established in these regulations.

## PARTICIPANTS

All bikers must be 18 years old on the days the competition takes place. The contemplated categories that bikers can register for are:

### Categories.

1. Elite Men
2. Elite Women
3. Master 30 Women
4. Master 30 Women
5. Master 50 Women
6. Master 60 Women
7. Master 30 Men
8. Master 40 Men
9. Master 50 Men
10. Master 60 Men
11. Men couples
12. Women couples
13. Mixed couples
14. eBikes women (non-competitive)
15. eBikes men (non-competitive)

1. **Elite Women:** A woman aged **18 years or older**. They must have a UCI Elite license approved for competition, and strictly comply with all UCI regulations. They will compete for UCI points and cash prizes in the general classification and by stages.

2. **Elite Men:** A man aged **18 years or older**. They must have a UCI Elite license approved for competition, and strictly comply with all UCI regulations. They will compete for UCI points and cash prizes in the general classification and by stages.

3. **Master 30 women:** A woman aged between 30 and 39 years. You must have a Master's license approved for competitive cycling. Those who have an Elite category license will not be able to compete in this category.
4. **Master 40 women:** A woman aged between 40 and 49 years. You must have a Master's license approved for competitive cycling. Those who have an Elite category license will not be able to compete in this category.
5. **Master 50 women:** A woman aged between 50 and 59 years. You must have a Master's license approved for competitive cycling. Those who have an Elite category license will not be able to compete in this category.
6. **Master 60 women:** A woman aged 60 years or older. You must have a Master's license approved for competitive cycling. Those who have an Elite category license will not be able to compete in this category.
7. **Master 30 men.** A man between 30 and 39 years old. You must have a Master's license approved for competitive cycling. Those who have an Elite category license will not be able to compete in this category.
8. **Master 40 men.** A man between 40 and 49 years old. You must have a Master's license approved for competitive cycling. Those who have an Elite category license will not be able to compete in this category.
9. **Master 50 men.** A man between 50 and 59 years old. You must have a Master's license approved for competitive cycling. Those who have an Elite category license will not be able to compete in this category.
10. **Master 60 men.** A man must be 60 years old or older on December 31 of the year in which the competition is held. You must have a Master's license approved for competitive cycling. Those who have an Elite category license will not be able to compete in this category.
11. **Wome Couples.** Two women of legal age. Without distinction of category, they will not receive UCI prizes or cash prizes.
12. **Man couples** two men of legal age. Without distinction of their natural category. They will not receive UCI prizes or cash prizes.
13. **Mixed Couples.** A woman and a man of legal age. They will not obtain UCI points or cash prizes.
14. **Men's ebikes.** Men over 18 years of age (or between 16 and 18 years of age with parental/guardian authorisation). They do not earn UCI points or prize money. There is also no podium established for this category.
15. **Female ebikes.** Women over 18 years of age (or between 16 and 18 years of age with parental/guardian authorisation). They do not earn UCI points or prize money. There is also no podium established for this category.

For a category to be considered complete, at least three entries must be covered in each of them. If the Master categories of any age group do not have enough registered men and women, a single master category will be established.

## **Restrictions on participation.**

If the participation is reduced to a certain number, due to any administrative issue or any other issue that forces us to reduce the estimated participation, the places will be filled according to the order of registration.

The organisation reserves 50 places, which can be applied to any category under its criteria.

Only confirmed paid registrations will be taken into account to qualify for places. Guest bikers will not be taken into account regardless of their category.

**IMPORTANT:** *Under the regulations of the Royal Spanish Cycling Federation (RFEC), foreign participants who hold a cycling license not processed by the RFEC must have written authorisation from their national federation certifying that their insurance is valid in Spain. This document must be presented to the commissaries to collect the bib number.*

## **NEURALGIC ZONE**

The test will have a neuralgic zone located in the **Hotel AR DIAMANTE BEACH & SPA**, where the teams will stay during the competition days and which will become the central hub of the competition.

The neuralgic area has facilities adapted to the needs of bikers: a gym, swimming pool, spa, physiotherapy area, bike washing room, etc.

The stages will run within a maximum radius of 50 km from the nerve centre.

## **SECRETARIAT / DELIVERY OF BIBS**

Administrative verifications and collection of the broker's bag take place on **Friday, January 30, 2026, from 4:00 p.m. to 8:00 p.m.**

The numbers are assigned based on the UCI ranking. If you do not have UCI points, it will be in order of registration.

At the secretariat, each participant will be given an identification bracelet, which they must carry with them throughout the competition. This bracelet



grants access to areas enabled for bikers and is also useful as a security measure. Accompanying persons may purchase an identification bracelet to access the final refreshment area for 8€ per person per day, which will be hired at the time of registration or in the secretariat during the delivery of numbers.

An electronic time control device will be provided at the secretariat that all participants must carry with them during the competition. The loss of said device entails an extra charge of 60€.

## **BRIEFING**

The technical meeting or briefing will be on Friday, January 30 at 7:30 p.m. at the AR Diamante hotel in Calpe. This meeting is mandatory for UCI Elite teams and optional for the rest of the participants. In it, the stages to be completed will be reviewed, specifically reporting on the technical zones, as well as possible last-minute changes or circumstances. Any changes are published on the notice board located at the entrance of the hotel, on the event website, as well as on any media such as social networks, Telegram, etc. Every day the information will be updated by these same means with the latest information on each of the stages.

## **DEVELOPMENT OF THE COMPETITION**

The competition is held in accordance with the general UCI regulations and the specific regulations of the UCI and the RFEC for Mountain Bike.

Once the stage is over, the stage classification, the general classification and the list of participants authorised to start are published on the official website and the notice board. These classifications will be provisional until they are validated by the commissioners.

The start of all stages, except the time trial, is in groups. The start of the time trial is carried out in the reverse order of the general classification. Each team starts with a difference of thirty (30) seconds, or as established at the time by the UCI commissaries.

The starting grid opens twenty (20) minutes before departure time. For the time trial stage, each participant must be prepared to start with this advanced notice.

The organisation will enable starting boxes based on UCI points for XCM, UCI points in XCO and then in order of registration for the first stage. For the following stages, the starting order will be determined by the general classification, without prejudice to what the arbitration committee decides.

Five (5) minutes before the starting time, no participant is allowed access to the starting grid, and they must be placed at the back of the corresponding starting group.

No participant will be able to start once the official start has been given unless a Commissioner consents. Participants who start after that time will be considered DNS (Did Not Start).

Each passage control, intersection control, refreshment point, departure and arrival has a maximum passage time, at which time the service closes. Participants must ride within this time interval to avoid being disqualified. The time to reach these points is announced in the technical meetings.

Completing the route with means other than the individual physical effort of the participant and their bicycle means disqualification of the team.

Any illicit help results in the disqualification of the participant.

Participants who are no longer officially classified can continue participating in the event recreationally, as long as they do not influence the normal development of the competition. Failure to comply with this rule means expulsion from the test, without the possibility of continuing in it.

## **STAGES**

The competition is held in two stages.

The route is duly marked with signs, especially at dangerous points, such as crossroads, road intersections or streets.

The route is open to traffic but properly controlled. Runners must follow the instructions of traffic authorities and drive with caution. On Spanish public roads, cyclists must stay on the shoulder of the right lane, to the right of the right lane or where authorised auxiliary personnel or members of the police or Civil Guard indicate. On tracks, it is advisable to drive on the right side.

The route includes demanding climbs and technical descending sections. It is the participant's responsibility to decide if they can overcome it on the

bike.

During the route, two types of controls are established: passage control (CP) and intersection control (IC).

At checkpoints, a steward writes down the participant's number and time. Skipping a passing control means disqualification.

Failure to follow the instructions of an intersection control means disqualification. Abandoning the route marked by the organisation means disqualification.

## **NEUTRALIZED EXITS**

For safety reasons, the output can be neutralised. In this case, the marshals will lead the participants in an official test vehicle. At the moment the course director starts the stage, the participants must begin to compete.

When the official competition vehicle reaches the end of the neutralised section, it moves to one side and indicates the end of the neutralised section.

During neutralisation, it is prohibited to overtake the official competition vehicle of the Course Director.

## **NEUTRALIZED FINISH**

For safety reasons, the finish line may be moved forward before reaching a stretch of asphalt.

## **FEEDING POINTS AND TECHNICAL AREAS**

Feeding points and technical areas are marked with the corresponding signage according to UCI regulations. These points have everything necessary to cover the food and hydration needs of the bikers during the race.

The feeding points coincide with the technical areas.

The organisation will make a basic mechanical service available to participants, located in technical areas. It is important to use the parking areas enabled for this purpose, and parking vehicles in areas where they cause inconvenience to neighbours or make it difficult for emergency services to pass is grounds for sanctions or even disqualification.

## **MARKS**

The route is marked with arrows and beacons. The use of GPS is recommended.

Every ten kilometres, the remaining distance to the finish line is indicated. As well as the last kilometre.

## **NON-PRACTICABLE SECTIONS**

The Commissaires, Course Directorate and Competition Directorate may decide that a section of the route is impractical and impossible to cross, and may deviate the route through the points provided by the organisation, as long as they are authorised by the competent authority.

If this is not possible, the point where the last time control is taken is the arrival time.

## **OUT OF CONTROL**

Out-of-control will be established at certain points of the route, which will be communicated by the organisation the day before the stage during the briefing. Any biker or team that has not crossed the finish line or the control closure point at that time may be evacuated by the organisation or continue the stage under their responsibility (out of the race, like any user of public roads).

Any biker or team that is out of control will be classified as NOT FINISHED (DNF) and may continue in the following stages as a biker without competition.

## **ABANDONMENT**

The abandonment of one or both members of the team (in the case of participating in pairs) must be communicated as soon as possible to the organisation.

For any participant, the organisation will determine intermediate points where participants can communicate their abandonment, as well as inform them of a telephone number where they can notify it.

In the event of an accident or emergency, and to safeguard the safety of the participants, the organisation has the right to withdraw a participant from the competition.

If any of the bikers on a team, participating in pairs, abandons, the partner may continue the competition. The latter will not be eligible for the general classification but may be considered a finisher.

## **CLASSIFICATIONS**

The classifications of each stage are made according to the time invested to complete each stage. For those who compete individually or for those who compete in pairs, the sum of times spent by the members of the pair + penalties, if they are applicable.

The sum of the time of the stages disputed, plus the accumulated time penalties, establishes the general classification of each participant or pair.

The following classifications are established.

- Elite Men
- Elite Women
- Master 30 Women
- Master 40 Women
- Master 50 Women
- Master 60 Women
- Master 30 Men

- Master 40 Men
- Master 50 Men
- Master 60 Men
- Men couples.
- Women couples.
- Mixed couples.
- eBikes women (non-competitive)
- eBikes men (non-competitive)

For each of the categories, registration must be completed with a minimum of three participants per category.

All participants will carry an electronic device to record their times and be able to track them. The Commissaire must approve these times for the results to be considered valid and official.

For ebikes, a general classification for men and another for women will be published, without a podium being established, since it is configured as a non-competitive category.

## **THE BIKE**

Bicycles must comply with UCI regulations, both in technical characteristics and safety.

Participants are allowed to change their bikes from stage to stage, but they cannot be completely replaced or changed during a stage.

Ebikes must be limited according to factory characteristics, and a declaration that the bicycle is not limited or modified must be accepted in the registration process.

Tandem bicycles are not allowed.

## **THE EQUIPMENT**

It is mandatory to compete with the bike bib number and biker bib number issued by the organisation. The bike bib number must be placed on the

front of the bicycle. The bib number should be placed on the back. Both must be visible, and neither can be modified. The electronic device for time control cannot be modified either and must be placed where indicated by the organisation. These numbers cannot be modified under any circumstances, at the risk of sanction by the commissaries.

The international or national XCM champions must wear the corresponding champion's jersey, except from the second day onwards if they have to wear the race leader's jersey.

The leaders of the general classification of their category must wear the leader's jersey, issued by the organisation. The leader's jersey has a blank space on the front and back to place the team/participant advertising.

Participants who wish to engrave the leader's jersey with its corresponding advertising must send their digitised logos in advance to the organisation.

For security reasons, it is recommended to bring a mobile phone.

It is also recommended (but not mandatory) that the members of a team maintain uniformity in their clothing during all stages.

Wearing warm clothing (raincoats, arm warmers, leg warmers, etc.) may be necessary at certain stages. In case of an adverse weather forecast, it will be mandatory to start with a raincoat/waterproof jacket and a mobile phone. The organisation does not provide these garments to participants.

The organisation is not responsible for any object lost or forgotten along the route or during the race of any participant.

The organisation is not responsible for any breakdown or repair of the bicycle that may occur during the test.

The organisation will put basic mechanics points.

## **SPORTS AND ENVIRONMENT**

Our sport, mountain biking, is a competitive and leisurely activity that takes place in nature, and its impact on this environment is the responsibility of all participants and organisers of sports events. Participants are asked not to litter along the route, be respectful of the environment (do not ride off the roads, do not take shortcuts that damage the vegetation, etc.), be careful with animals, and do not leave any spare parts behind. , etc.

The Commissaires may disqualify any participant who does not respect the environment or the private properties that are crossed during the race, expelling them from the race without the possibility of continuing in it.

## **PADDOCK**

Teams must reserve space in advance through the paddock registration form, which can be done from the website <https://fivecontinentsrace.com>

The organisation offers the possibility of providing teams that request it in advance with tents of these sizes: 6 m x 3 m tents and 3 m x 3 m tents.

No participant or team assistant can camp or spend the night in the paddock unless authorised by the organisation.

The organisation provides water and electricity to the teams located in the paddock, which are authorised and accredited.

## **OTHER CONSIDERATIONS**

Any participant may be subjected to an official anti-doping control under UCI regulations.

All participants must respect other participants, Commissaires, organisation staff, the media and the public. Aggression, lack of respect or other unrequited attitudes may be punished with immediate expulsion from the competition.

The roads along which the competition takes place are provided solely and exclusively for the days of the competition, so the disclosure of the GPS tracks of the route is not permitted.

Following the registration procedure on the official competition page, the biker will find a box THAT MUST be selected titled RELEASE AND DATA PROTECTION FORM PERSONAL, ACCEPTING the clauses that appear therein.

Reading is recommended. By enrolling in the **"COSTA BLANCA BIKE RACE - FIVE CONTINENTS STAGE RACE COSTA BLANCA"**, Participants give their consent for CLUB DEPORTIVO CINCO



CONTINENTES, by itself or through third parties, to automatically process their data for exclusively sporting, promotional or commercial purposes. Under what is established in Organic Law 15/1999, of December 13, on the Protection of Personal Data, the participant has the right to access these files to rectify or cancel completely or partially its content. To do so, a request must be made in writing to the registered office of Club Deportivo Cinco Continentes, located for notification purposes at Av. Antigua Peseta, 136-12 03114 Alicante. Likewise and in accordance with the sporting interests, promotion, distribution and exploitation of the race "FIVE CONTINENTS STAGE RACE COSTA BLANCA - COSTA BLANCA BIKE RACE", for everyone (reproduction of photographs of the test, publication of qualifying lists, etc.) through any device (Internet, advertising, etc.) and without time limit, those registered expressly cede to the organization the right to reproduce the name and surname, the place obtained in the general classification and that of the participant, the category, the sports brand created and its image.

## **CLAIMS**

Claims must be formally addressed to the Commissaires and processed by them in accordance with UCI regulations.

REGISTERING FOR FIVE CONTINENTS STAGE RACE COSTA BLANCA - COSTA BLANCA BIKE RACE IMPLIES ACCEPTING AND COMPLYING WITH THESE REGULATIONS, AS WELL AS ACCEPTING THE DATA PROTECTION LAW AND CANCELLATION POLICY.

## **REGISTRATION CONDITIONS**

Five Continents Stage Race Costa Blanca - Costa Blanca Bike Race is a mountain biking test open to any professional or amateur cyclist. It is a test that is within the UCI (International Cycling Union) calendar. To participate, it is mandatory to own a license validated by the UCI.

Most licenses are valid, but if in doubt, it is advisable to check with your territorial or national federation.

In CBBR, the professional atmosphere is mixed with the amateur, with largely amateur cyclists to enjoy and compete in a unique event, while the professionals compete against these cyclists and against themselves to achieve UCI points. In CBBR the competition and amateur atmosphere are

mixed, which is why they do it in a special, different test, where you can meet and compete against idols or cyclists who are in the top positions of the UCI Ranking.

***IMPORTANT:*** *In accordance with the regulations of the Royal Spanish Cycling Federation (RFEC), foreign participants who hold a cycling license not processed by the RFEC must have written authorisation from their national federation certifying that their insurance is valid in Spain. This document must be presented to the stewards to collect the number.*

Cycle touring licenses or those for other sports are not valid. If you do not have a competitive cycling license, a temporary and specific license for the event can be processed through the organisation, which will not allow you to obtain UCI points or cash prizes.